A. Terms

Supporters
The official accredited helpers of Gigathletes are called supporters. They are required to wear an official supporter vest.

External persons
Everyone who is not accredited counts as an external person.

B. Brand and Logo

The Gigathlon brand, the Gigathlon logo, the silhouettes and the pictograms are copyright-protected trademarks and they shall not be used without the written agreement of the organiser. It is especially forbidden to print T-shirts with our trademarks without permission. The use of the logos is restricted to the organiser, sponsors and partners who make it possible to stage the Gigathlon.

C. General Rules

1. Form of competition
The Gigathlon Switzerland 2015 is divided into two one-day stages of different lengths. One will take place on Saturday July 11 and one on Sunday July 12, 2015. The Gigathletes in the Single Man and Single Woman categories complete a prologue with the disciplines of mountain biking and running on the evening of Friday, July 10, 2015, which counts towards the total time.

2. Categories
Single Woman and Single Man: woman or man who competes in the whole race alone.
Couple: two competitors as a team, at least one has to be a woman. Each person competes in at least two disciplines per day. The rules laid down by the organiser governing the allocation and the obligatory combinations of disciplines must be observed.
Team of Five: five competitors as a team, at least two have to be female. Each one has to compete in one discipline per day.

3. Responsibility
Each participant is responsible for being in good shape, properly trained and physically healthy at the time they participate in the Gigathlon.

Participants are expected to comply with these regulations, the traffic laws set out in the Road Traffic Act, the requirements of the organiser, and the directions and instructions of all the race officials and public authorities.

Competitors born in 1997 or earlier are allowed to participate in the Single and Couple categories. Adolescents born in 1998 or later are only allowed to participate with the written agreement of their parents, which must be submitted together with their registration via e-mail to info@gigathlon.ch, and they may only participate in the Team of Five category.

4. Disciplines
It is prohibited to obstruct another participant in any manner, such as by bumping, striking, pushing them out of the way, obstructing their path, sabotaging the equipment of others, or causing any detriment to other competitors.

If the competitor leaves the race course and then enters the race again, he/she must start from the same point at which he/she left. It is not permitted to take any shortcuts, to omit a part of the course or to somehow gain unfair advantages for oneself.

If, during the race, competitors find themselves in front of a closed railway level-crossing barrier or a red light, the time will not be stopped or credited. The instructions of the staff must be strictly followed. If participants cross a closed level-crossing barrier or a red light, they will immediately be disqualified.

Participants will also be disqualified if they cross any security markings; it makes no difference whether this happens in a straight section or in a curve.

5. Application / Entry fee

Starting position allocation
The starting positions for the Gigathlon Switzerland 2015 will be assigned through a draw.

Registration and application for the starting position draw
To participate in the starting position draw, the Team Captain/Single must register on www.gigathlon.com and enter for the draw.

Token fee for the Sporthilfe foundation – sporthilfe.ch
In order to prevent teams from entering for the draw more than once, a token fee of CHF 20.– will be charged. The token fee will not guarantee a starting position and cannot be reclaimed. Recourse to the courts is not permitted. The token fee will be transferred in its entirety to the Swiss foundation sporthilfe.ch for the benefit of Swiss sport talents.

Starting position draw
The draw will be conducted in several rounds. Anyone who has not won a starting position in one round will automatically take part in the next round (phase). Those without a starting position after the closing date will be placed on a waiting list. The number of starting position per round varies.

Redeeming a starting position option that has been won
All those who have won a starting position option will be personally informed via e-mail and receive the link to the registration platform. As soon as the winners obtain the e-mail message, they have ten days to confirm their starting position option by registering definitely and paying the entry fee. If the winners do not pay the entry fee within ten days, they will lose their starting position option and will also not participate in the subsequent rounds.

Entry fees
Single Man / Woman, incl. 2 supporters
CHF 950.–
Couple, incl. 1 supporter
CHF 1150.–
Team of Five
CHF 1990.–

Membership of «Schweizer Sporthilfe» (Swiss Sport Aid)
The organiser will round up the entry fee and transfer an amount of CHF 50.– per
Team/Single to the «Schweizer Sporthilfe» foundation. The Team Captain/Single will then automatically be a member of «Schweizer Sporthilfe» for one year. To enable «Schweizer Sporthilfe» to engage in correspondence with participants directly, the contact information of these new members will be forwarded to the foundation.

Starting position confirmation
Once payment has been received, the confirmation of registration will be sent via e-mail with the link for the application. Supporters and/or the team members can be registered via this link. The Team Captain can then invite the team members to the team, allocate the disciplines and also add and change information concerning the team.

Starting position guarantee
An exclusive starting position contingent is reserved for sponsors, race participants who won in the Gigathlon 2013, and also for further groups. These people will not take part in the draw.

No refund of entry fee / cancellation insurance
Entry fees cannot be reclaimed once a starting position has been purchased. Even if Gigathlon has to be interrupted, shortened or cancelled, participants are not entitled to a reimbursement. Participants are recommended to take out cancellation cost insurance so that the entry fee can be claimed back in the event of emergency or illness. The closing date is January 31, 2015.

7. Supporter
The Single’s entry fee includes two supporters per competitor and, for Couples, one supporter per team. No further supporters can be accredited. No supporters will be accredited for the Team of Five.
A non-transferable and sealed wristband counts as accreditation for Gigathletes and a supporter vest as accreditation for supporters. The supporter vest is transferable. Supporters must also comply with the regulations, and they also have to follow the directions and instructions of all the race officials and public authorities. If supporters violate the rules, the Gigathlete or team they are supporting will be penalised.

8. Supporter / Help from external people
It is not permitted for competitors to be accompanied during the race by a pacemaker, supporter or external person with either a car, motorcycle or bicycle, or on foot or otherwise.
During the race, competitors are not permitted to accept food, beverages and objects (such as clothing, shoes, etc,) from supporters or external people outside of the transition zone. (Exception: running course Sunday).
In the event of a breakdown (road bike/ mountain bike, inline) the competitor can accept help from outside, but not from their own team members.
Only Gigathletes with a wristband who are next in line to compete and supporters with a supporter vest are permitted to enter the transition zone.

9. Supporter vehicle
Only one vehicle per Single, Couple and Team of Five is permitted. The supporter vehicle is only allowed to be used for the arrival and departure at Gigathlon. It is not permitted to use the supporter vehicle during the two competition days. The participants and supporters will be transported by public transport to the transition zone, or they can use their road bikes/mountain bikes.
The vehicle must have an authorisation sticker displayed on it during the event. The authorisation sticker must be placed at the front of the car where it is clearly visible and must not be removed for the entire duration of the Gigathlon event. Removal of the sticker will incur a time penalty. If, during the race, a Gigathlete is supported from a second vehicle (without an authorisation sticker), which is prohibited, the Single or team will suffer a penalty.
The length of an accredited vehicle, including trailer, must not exceed 8 m. Camper vans are not allowed.
The accredited Gigathletes, the supporters and the equipment that is going to be used for the competitions in the Gigathlon may only be transported into the Gigathlon area by public transport or by means of the authorised supporter vehicle upon arrival, and the same applies for departure at the end of the event on Sunday. The drivers of supporter vehicles must comply with the routes specified in the General Information. It is forbidden to traverse the racetracks that are marked with traffic prohibition signs and also the restricted areas. It is prohibited to park outside the official Gigathlon parking area. Any violation by a supporter may lead to the disqualification of the supported Gigathlete. This regulation similarly applies to helpers in non-accredited vehicles.
Gigathletes who spend the night outside the Gigathlon camp will come directly to the tagged parking area in Aarau the next morning and continue from there observing the specified transport system. It is not permitted to drive directly into the transition zones.

10. Medical service
Instructions issued by a race doctor or paramedic must be strictly followed. Race doctors or paramedics are authorised to take a participant out of a race if their health situation or safety is endangered. Competitors who receive first-aid treatment can continue the race from the point at which they left it, if the doctor or paramedic allows this.

11. Disclaimer of liability
Gigathletes participate under their own responsibility and at their own risk. The organiser declines any liability for personal injury or damage to property. No claim for liability can be made against the organiser. It is the responsibility of each participant to take out insurance against accidents, illness
or theft, as well as a liability insurance. Each participant has to accept and sign the
Gigathlete's declaration when they register for Gigathlon; in so doing, they relieve the
organiser and the organiser's ancillary person- nel from all liability claims, to the extent
permitted by law.

12. Prologue in the Singles category
Athletes in the Single Woman and Single
Man categories will start on Heroic Friday
with a Prologue in the disciplines of moun-
tain biking and running. Groups of four will
start simultaneously. Gigathletes with high
starting numbers will start first, those with
lower numbers last. Groups will set off at
45-second intervals.

13. Allocation of Couple disciplines
There is one mandatory division of disci-
plines for the Couples category:
On Sunday, the two sections of the road bike
route and the swimming route must be com-
pleted by the same person.

14. Interruption of a course
The road bike route on Sunday will be
interrupted by a swimming route. The two
sections of the road bike route must be com-
pleted by the same Gigathlete in all
categories.

15. Start
Time measurement at the start begins at the
following points:
Prologue, Heroic Friday: individually, when
passing the time measurement mat (net start)
1st stage, Discovery Saturday: for all athle-
tes, from the official starting time (gross start)
2nd stage, Historic Sunday: individually,
when passing the time measurement mat
(net start)

16. Chasing start
All Single Women, Single Men, Couples and
Teams of Five that are less than one hour
behind the leading competitors in their cat-
egory for the overall ranking on Saturday
will start the Sunday with a chasing start.
These Gigathletes will start separated by
their time differences from the leading com-
petitor. Those concerned will receive a text
message via the team's mobile phone by
9:00 pm on Saturday at the latest, containing
specific information about the chasing start.
The teams that qualify for the chasing start
are required to participate in this start. If the
fail to appear at the chasing start, 60 minutes
will be added to the overall time as penalty.

17. Time limit
All the time limits for the transition zones,
refreshment points, and the finish line are
to be observed. Gigathletes who arrive after
the time limit will be taken out of the race
and may continue without being evaluated.
They will appear in the ranking list as «not
classified» or «excluded».
If it is obvious that the Gigathlon is not
going to reach the transition zone or the fin-
ish line within the time limit, then the person
in charge of the sag wagon decides when
the competitor has to enter the wagon.
The last participant will be accompanied by
a sag wagon or a sag biker. The time limit
and the decisions of the sag wagon driver or
the sag biker are binding.
Team members and partners of Couples who
are not replaced can tackle the next section
as the time limit is ending (including in the
case of a collective start). For safety reasons,
however, Gigathletes are not permitted to
start the next section/discipline once the
time limit has elapsed or after the last pos-
ible starting time.

18. Not ending a stage
Singles, one of a Couple or a member of
a Team of Five who cannot finish a stage
within the set time limit because of an
injury or accident are allowed to continue
the Gigathlon in the next stage. That team
will not, however, be ranked in the overall
ranking.

19. Neutralisation
Each Gigathlete is responsible for appear-
ing on time and at the right place during the
Gigathlon. The timekeeping will not be
stopped during the competition. The race
jury may only neutralise the time in excep-
tional circumstances (brought about by the
organiser or due to unexpected events) for
which the Gigathlete is not responsible. A
neutralisation request must be submitted
and justified by means of a form at the tran-
sition zone in question as soon as possible.

20. Equipment
Each participant is responsible for his/her
equipment and must make sure that it is in
perfect condition and complies fully with the
Road Traffic Act. The competitor is also
committed to wearing the official starting
number for the duration of the race. The
starting number must be worn visibly at the
specified points.
The accredited supporter must wear the
supporter vest issued to him/her through-
out the entire race.
The participants are similarly responsible
for wearing sports-appropriate to the
weather conditions – particularly during
cold weather, in high mountain sections, or
if there is a risk of bad weather. Road cyclists
and mountain bikers must make sure that
their sports-apparel protects them against
cooling. During very hot weather competitors
must apply/wear adequate solar protection,
such as sunscreen, a cap and sunglasses, and
they must take along enough liquids and
water.
If a Gigathlete has to complete a discipline
in the dark, he/she is responsible for having
correctly mounted lights. Referees reserve
the right to remove any participants who are
poorly equipped from the race.

21. Starting number, timing
chip, GPS tracker
The given starting numbers must be worn
visibly during the competitions at the speci-
fied points. Gigathletes must attach the
wristbands to their wrist before going to the
check-in. The wristband is personal and has
to be worn during the entire Gigathlon. Lack of a wristband will incur a penalty. Participants must wear the timing chip at the ankle throughout the competition. An exception will be the inline route, during which the time measurement chip will be carried on the wrist. Premature removal of a timing chip prevents accurate time measurement. Each Gigathlete is responsible for wearing the timing chip correctly and must make sure that the chip is registered when passing the «special time measuring mats» and passage control. On the «special time measuring mats» they will hear a beep signal. Individual gigathletes can be provided with a GPS tracker by the organisers. This is to be carried by the gigathletes competing.

The timing chip and the GPS tracker (if carried) have to be passed to the next competitor in the team in the transit zone and must be handed back on the last day after finishing the last race.

Timing chips and GPS trackers that are not handed back at the end will be charged at CHF 100.– per piece.

22. Tents
Singles and Couples will be given a 4-person tent and Teams of Five, two 4-person tents. These tents are already included in the entry fee. If Singles/Couples want to pitch a second tent, they can order an additional one in the Gigathlon shop or bring an old Gigathlon tent. Only red tents from 2009 to 2015 may be pitched in the Gigathlon camp. Other tents are not allowed. Gigathletes who already possess an eligible tent or are not going to stay overnight in the camp can claim a CHF 40.– reduction per tent on the entry fee as long as they specify this in their registration.

23. Littering
Participants are responsible for taking care of the environment. A time penalty of 60 minutes will be incurred for littering or leaving objects along the route (such as drinking bottles, clothes, etc.). Food waste may only be thrown away in the waste zone, which ends 200 m after the refreshment point. The end of the refreshment point is tagged with a sign. After this, competitors must take their waste to the next refreshment point. Referees will carry out inspections.

24. Prizes / Award ceremony
The 3 leaders in each category (Single Woman, Single Man, Couple, Team of Five) will receive an in-kind prize. The prizes must be picked up in person at the award ceremony. Uncollected prizes will not be sent on.

D. Swimming

25. Wetsuit
It is mandatory to wear a wetsuit. Knees and elbows must be covered, but hands and feet must be uncovered. If the wetsuit does not comply with the basic requirements, the swimmer will not be allowed to enter the swimming race area. The starting number has to be placed on the swimming cap which the organiser hands out. The swimmer must wear the Aqua-Bag with the timing chip and the GPS tracker under their wetsuit.

26. Swimming aid
Artificial aids, such as paddles, flippers and snorkels or similar are not permitted. Gloves and footlets are not permitted either. The use of underwater music players is forbidden.

27. Water temperature / running courses
If the water temperature is too low, or in the event of a thunderstorm or other storm, the swimming course will be shortened or replaced by a running course:

Swimming course Saturday:
up to 14.9 °C swimming course will be replaced by a running course as of 15.0°C original swimming course

Swimming course Sunday:
up to 12.9°C swimming course will be replaced by a running course 13.0°C – 13.9°C maximum swimming course 0.75 km
14.0°C – 14.9°C maximum swimming course 1.5 km
15.0°C – 15.9°C maximum swimming course 3 km

Running courses
The swimming route on Saturday will be interrupted by a barefoot run of around 300 m. On Sunday, the swimmers will run the 900 m from the transition zone to the lake and back in running shoes.

E. Road bike / Mountain bike

28. Road biking / mountain biking equipment
Only road bikes and mountain bikes that can be steered, driven or moved by a Gigathlete’s own power are permitted. Additional casings on any bike parts to act as wind-breaks are forbidden (except on the back wheel). The wheels may not contain any components that promote the drivetrain. Road bikes and mountain bikes must be constructed in such a way that they can be checked to ensure that they comply with this regulation.

After dark, road bikes and mountain bikes must be provided with adequate lighting. On the courses set out in the route booklet, road bikes and mountain bikes must be provided with adequate lighting, which must be switched on in road tunnels. Each Gigathlete is responsible for his/her road bike or mountain bike being in the very best condition and it must have been inspected by a qualified mechanic prior to arrival at the Gigathlon. Cycles of those gigathletes who expect to be cycling in the dark on Saturday and mean to be at the starting line on Sunday must be equipped with cycle lamps.

29. Helmet requirement
It is compulsory to wear a properly functioning hard shell helmet and the official helmet cover.

30. Mountain bike course
The mountain bike race course at the Gigathlon includes technically demanding stages. Each Gigathlete is responsible for mastering their own mountain bike.

31. Road sections
On Sunday the runner will be accompanied, by the mountain biker or supporter on the
An event of Bolleystrasse 27, 8006 Zürich, info@gigathlon.ch

mountain bike, from the first refreshment station at kilometre 4 of the running route from Lenzburg to Aarau. On this section of the route runners may be given refreshment by the mountain biker or supporter. This route must be covered by the supporter, or by any team member, on the mountain bike that is being used on the Sunday. The bike may not be carried on this route in a vehicle or by public transport (this would come under the heading of prohibited support).

F. Inline

32. Use of sticks / roller skis
Sticks and roller skis are not permitted on the inline course.

33. Helmet requirement
It is compulsory to wear a properly functioning hard shell helmet and the official helmet cover. Other protection devices, such as elbow pads, knee pads and wrist guards, are recommended.

G. Running

34. Use of sticks
Sticks are not permitted on the running course.

35. Head lamp requirement
Gigathletes running after 7:00 pm on Sunday must be equipped with a head lamp.

H. Violation of the rules / protests

36. Referee
Referees will be positioned in order to maintain compliance with the rules. They will take action against any rule violation. The referees are authorised to give instructions and these must be strictly followed.

37. Penalties
Depending on the type and seriousness of the violation, referees can impose the following penalties:
- verbal reprimand
- time penalty
- no classification
- disqualification
The penalty will be communicated to the Gigathlete or the Team captain via text message.

38. Protests
Protests by Gigathletes and supporters against decisions of referees and against instructions issued by the organiser (timing, misallocation, etc.) may be lodged for a deposit of CHF 100.– at the Gigathlon information desk at the headquarters. The protest must be lodged within four hours of the Gigathlete or Team Captain receiving the referee’s decision. If the referee’s decision is communicated during the race, the protest must be lodged no later than four hours after the Gigathlete concerned finishes the race.

39. Form of protest
The protest shall be submitted in writing on an official protest form, duly signed and stating the details of the event, with reference to possible witnesses. The official form can be obtained at the information desk at the headquarters.

40. Decision of the race jury
The race jury can take decisions without being subject to any restrictions. The decisions taken by the jury are final and cannot be appealed against. Upon approval of the protest, the deposit of CHF 100.– will be returned to the protestor. Otherwise the money will go to the «Schweizer Sporthilfe» foundation where it will be used to support meritocratic sports talents.

41. Doping offences
Offences against antidoping regulations and their sanctioning are governed by the Antidoping Statutes and the corresponding implementing regulations of Antidoping Switzerland. Antidoping Switzerland is entitled to perform antidoping tests at any time.

42. Gigathlete’s declaration
Each participant must sign a Gigathlete’s declaration – at the latest when they pick up their starter packages. With their registration, each Gigathlete accepts these regulations and also the regulations and conditions included in the Gigathlete’s declaration. In this way participants commit themselves to complying with the requirements.

43. Ranking list
Any disagreements concerning the unofficial ranking list must be reported by 5:00 pm on Monday, July 13, 2015 on the number 0848 444 284 or via e-mail (info@gigathlon.ch). After this time, no more requests for amendments will be accepted.

I. Final Clauses

44. Final clauses
These regulations were brought into effect on May 31, 2014 by invents.ch AG, the organiser of the Gigathlon Switzerland 2015, and modified on October 6, 2014 and March 31, 2015. In the event of contradictions, the German version of these regulations will prevail. The regulations are valid for the Gigathlon Switzerland 2015. Gigathletes will be informed about any addenda or modifications via the official web site, or the Team Captain will be informed directly.
K. Penalties/sanctions catalogue for violation of the regulations

1. Unauthorized support / support by supporter or external person
(Art. 7, 8, 9 of the Regulations)
First misconduct: time penalty 60 minutes
Second misconduct: time penalty 120 minutes
Third misconduct: disqualification

2. Violation of the Regulations by a supporter vehicle
(Art. 7, 8, 9 of the Regulations)
First misconduct: time penalty 60 minutes
Second misconduct: time penalty 120 minutes
Third and further misconduct: time penalty 180 minutes

3. Violation of the Regulations: trip and transport in non-accredited vehicles
(Art. 9 of the Regulations)
First misconduct: time penalty 60 minutes
Second misconduct: time penalty 120 minutes
Third and further misconduct: time penalty 180 minutes

4. Violation of the Regulations at the check-in
(Art. 6 of the Regulations)
Team arrives incomplete: time penalty 60 minutes per missing athlete at the check-in

5. Violation of the Regulations: littering
(Art. 21 of the Regulations)
First misconduct: time penalty 60 minutes
Second misconduct: time penalty 120 minutes
Third misconduct: disqualification

6. Violation of the Regulations: missing/not wearing wristband
(Art. 19 of the Regulations)
a. Athlete is licensed as Gigathlete: time penalty 60 minutes
b. Athlete is not licensed as Gigathlete: disqualification

7. Missing authorisation sticker
(Art. 9 of the Regulations)
a. Athlete is licensed as Gigathlete: time penalty 60 minutes
b. Athlete is not licensed as Gigathlete: disqualification

8. Other general violations of the Regulations
- Depending on the seriousness of the violation, Gigathletes / Teams will receive time penalties of between 30 minutes and disqualification.
- Crossing a closed railway level-crossing barrier: disqualification!
- Crossing a security line: disqualification!
- Crossing a red traffic light: disqualification!
- Taking the wrong course: disqualification!
- Alteration or theft of Gigathlon signs: disqualification!
- In case of doubt, the German version of the regulations shall prevail