

# REGULATIONS 2016



The event is hereinafter referred to as "Gigathlon". These regulations relate exclusively to the Gigathlon Czech Republic 2016 and do not apply to events held outside Czech Republic.

## A. Terms

### Supporter

The official accredited helpers of Gigathletes are called supporters. They are required to be visibly identified during the whole race and wear Supporter vest provided by the organization throughout all the race.

### External persons

Everyone who is not accredited counts as an external person, mainly spectators.

## B. Brand and Logo

The Gigathlon brand, the Gigathlon logo, the silhouettes and the pictograms are copyright protected trademarks and they shall not be used without the written agreement of the organizer. It is especially forbidden to print T-shirts with our trademarks without permission. The use of the logos is restricted to the organizer, sponsors and partners who make it possible to stage the Gigathlon. It is also forbidden to use the "Gigathlon" brand for commercial advertising purposes or for offers associated with the event.

## C. General Rules

### 1. Form of competition

The Gigathlon Czech Republic 2016 is divided into two one-day stages of different lengths. One will take place on Saturday September 3 and one on Sunday September 4, 2016.

### 2. Categories

Single Woman and single Man: woman or man who competes in the whole race alone.

Couple: two competitors as a team, at least one has to be a woman. Each person competes in at least two disciplines per day. The rules laid down by the organizer governing the allocation and the obligatory combinations of disciplines must be observed.

Team of Five: Five competitors as a team, at least two have to be female. Each one has to compete in one discipline per day.

### 3. Responsibility

Each participant is responsible for being in good shape, properly trained and physically healthy at the time they participate in the Gigathlon. Participants are expected to comply with these regulations, the Road Safety Rules, the requirements of the organizer, and the directions and instructions of all the race officials and public authorities.

Only persons older 18 years can participate in the Gigathlon race in Single and Couple categories (born in 1998 and earlier). Adolescents born in 1999 to 2001 are only allowed to participate with the written agreement of their parents, which must be submitted together with their registration via email to [info@gigathlon.cz](mailto:info@gigathlon.cz), and they may only participate in the Team of Five category. Persons younger than 15 years of age (year of birth 2002 and younger) cannot participate in the race.

### 4. Disciplines, participant behaviour

It is prohibited to obstruct another participant in any manner, such as by bumping, striking, pushing them out of the way, obstructing their path, sabotaging the equipment of others, or causing any detriment to other competitors. If the competitor leaves the race course and then enters the race again, he/she must start from the same point at which he/she left. It is not permitted to take any shortcuts, to omit a part of the course or to somehow gain unfair advantages for oneself.

If, during the race, competitors end them selves in front of a closed railway level-crossing barrier or a red light, the time will not be stopped or credited. The instructions of the staff must be strictly followed. If participants cross a closed levelcrossing barrier or a red light, they will immediately be disqualified. Participants will also be disqualified if they cross any security markings; it makes no difference whether this happens in a straight section or in a curve.

### 5. Registration / Application / Entry fees

#### Application

The application can only be made through online registration system at [www.gigathlon.com](http://www.gigathlon.com).

#### Entry fees

Entry fees, early bird offers and possible discounts as well as payment details are available online at [www.gigathlon.com](http://www.gigathlon.com) bellow the Gigathlon Czech Republic 2016 section. For the Single category, the entry fee accounts for one participant and one supporter.

#### Confirmation of the registration

Application is only valid and the participant is signed up for the race only after the payment has been received by the organizer. Once payment has been received, the event organizer will send an email to confirm the application for registration and issue an authorization to record the names of the supporters and/or team members on the registration portal. The Team Captain can then invite the team members to join the team, allocate the disciplines and amend the team information.

#### No refund of entry fee / cancellation insurance

Entry fees cannot be reclaimed once a start ing position has been purchased. Even if Gigathlon has to be interrupted, shortened or cancelled, participants are not entitled to a

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reimbursement. Participants are recommended to take out cancellation cost insurance so that the entry fee can be claimed back in the event of emergency or illness

## 6. Check-In

The check-in will take place on Friday September 2, 2016 at Gigathlon headquarters in Lipno nad Vltavou. During the check-in times, all participants (and not only the Team Captain) must pick up their race package in person. For each Gigathlete who fails to show up at the same time, a time penalty of 60 minutes will be added to the overall time. At the check-in, all team members must present an identification document (ID card, passport, driver's license or the like). Bikes (both road bikes and mountain bikes) of all participants that will be used during the Gigathlon on Saturday has to be delivered by the participant personally to the depo in Lipno nad Vltavou according to the disciplines. Check-in times and bike drop off times will be announced in advance.

## 7. Supporter

The Single's entry fee includes one supporter per competitor. The Supporter has to be checked-in and accredited together with the participant. No further supporters can be accredited. No supporters will be accredited for the Couples and the Team of Five.

A nontransferable and sealed wristband counts as accreditation for Gigathletes and a supporter accreditation for supporters. Supporters must also comply with the regulations, and they also have to follow the directions and instructions of all the race officials and public authorities. If supporters violate the rules, the Gigathlete they are supporting will be penalized.

## 8. Supporter / Help from external people

It is not permitted for competitors to be accompanied during the race by a pace maker, supporter or external person with either a car, motorcycle or bicycle, or on foot or otherwise.

During the race, competitors are not permitted to accept food, beverages and objects (such as clothing, shoes, etc.) from supporters or external people outside of the transition zone.

In the event of a breakdown (road bike/ mountain bike, inline) the competitor can accept help from outside, but not from their own team members.

Only Gigathletes with a wristband who are next in line to compete and supporters with a supporter accreditation are permitted to enter the transition zone.

## 9. Medical service

There will be professional medical service and first aid provided by the organizer throughout the whole Gigathlon race. Instructions issued by a race doctor or paramedic must be strictly followed. Race doctors or paramedics are authorized to take a participant out of a

race if their health situation or safety is endangered. Competitors who receive first aid treatment can continue the race from the point at which they left it, if the doctor or paramedic allows this.

## 10. Disclaimer of liability

Gigathletes participate under their own responsibility and at their own risk. The organizer declines any liability for personal injury or damage to property. No claim for liability can be made against the organizer. It is the responsibility of each participant to take out insurance against accidents, illness or theft, as well as a liability insurance.

Each participant has to accept and sign the Gigathlete's declaration when they register for Gigathlon; in so doing, they relieve the organizer and the organizer's ancillary personnel from all liability claims, to the extent permitted by law.

## 11. Not ending a stage

Singles, one of a Couple or a member of a Team of Five who cannot finish a stage within the set time limit because of an injury or accident are allowed to continue the Gigathlon in the next stage. That team will not, however, be ranked in the overall ranking.

## 12. Time limit

The organizer issues the time schedule of the race. Each participant is responsible for showing up on time at the start and in the transition zones. Total time of the race in not being paused during the whole race.

## 13. Equipment

Each participant is responsible for his/her equipment and must make sure that it is in perfect condition and complies fully with the Road Security Rules. During the disciplines of road bike, mountain bike, inline skating and handbike the participants are obliged to wear a helmet all the time. The competitor is also committed to wearing the official starting number for the duration of the race. The starting number must be worn visibly at the specified points.

The accredited supporter must wear the supporter accreditation/vest issued to him/her throughout the entire race.

The participants are similarly responsible for wearing sportswear appropriate to the weather conditions – particularly during cold weather, in high mountain sections, or if there is a risk of bad weather. Road cyclists and mountain bikers must make sure that their sportswear protects them against cooling. During very hot weather competitors must apply/wear adequate solar protection, such as sunblock, a cap and sunglasses, and they must take along enough liquids and water.

If a Gigathlete has to complete a discipline in the dark, he / she is responsible for having correctly mounted lights.

Referees reserve the right to remove any participants who

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are poorly equipped from the race. Headphones of any kind are forbidden during the race.

## 14. Starting number, timing chip, GPS tracker

The given starting numbers must be worn visibly during the competitions at the specialized points. Gigathletes must attach the wristbands to their wrist before going to the check-in. The wristband is personal and has to be worn during the entire Gigathlon. Lack of a wristband will incur a penalty. Participants must wear the timing chip at the ankle throughout the competition. Pre mature removal of a timing chip prevents accurate time measurement. Each Gigathlete is responsible for wearing the timing chip correctly and must make sure that the chip is registered when passing the «special time measuring mats» and passage control.

## 15. Tents

Singles and Couples will be given a 4-person tent and Teams of Five, two 4-person tents. These tents are already included in the entry fee and remain in the possession of participants after the race.

## 16. Littering

Participants are responsible for taking care of the environment. A time penalty of 60 minutes will be incurred for littering or leaving objects along the route (such as drinking bottles, clothes, etc.). Food waste may only be thrown away in the waste zone. The end of the refreshment point / waste zone is tagged with a sign. After this, competitors must take their waste to the next refreshment point. Referees will carry out inspections.

## 17. Prizes, Categories, Prize giving ceremony

Prizes will be awarded for best three competitors in each category (Single Woman, Single Man, Couple, Team of Five) Prizes will not be handed over / shipped later, the winners have to take over the prizes during the official prize giving ceremony.

## D. Swimming

Rules and additional information for this discipline will be specified early enough before the race.

## E. Road bike / Mountain bike

Rules and additional information for this discipline will be specified early enough before the race.

## F. Inline skating

Rules and additional information for this discipline will be specified early enough before the race.

## 18. Handbike

The inline skating course can be taken also by a handicapped participant using a handbike.

## G. Running

Rules and additional information for this discipline will be specified early enough before the race.

## H. Violation of rules / protests

### 19. Referee

Referees will be positioned in order to maintain compliance with the rules. They will take action against any rule violation – they will issue penalties or disqualifications according to the race regulations. The referees are authorized to give instructions and these must be strictly followed.

### 20. Penalties

Depending on the type and seriousness of the violation, referees can impose the following penalties:

- verbal reprimand
- time penalty
- no classification
- disqualification

The penalty will be communicated to the Gigathlete or the Team Captain via text message and in personal hearing afterwards.

### 21. Protests

Rules for protests will be specified.

### 22. List of penalties / sanctions for violation of the regulations

Will be specified.

## I. Final clauses

These regulations were brought into effect on February 14, 2016 by organizer of the Gigathlon Czech Republic race. In the event of contradictions, the Czech version of these regulations will prevail. The regulations are valid for the Gigathlon Czech Republic 2016. Gigathletes will be informed about any addenda or modifications via the official website in the section Gigathlon Czech Republic 2016 at [www.gigathlon.com](http://www.gigathlon.com), or the Team Captain will be informed directly via email.